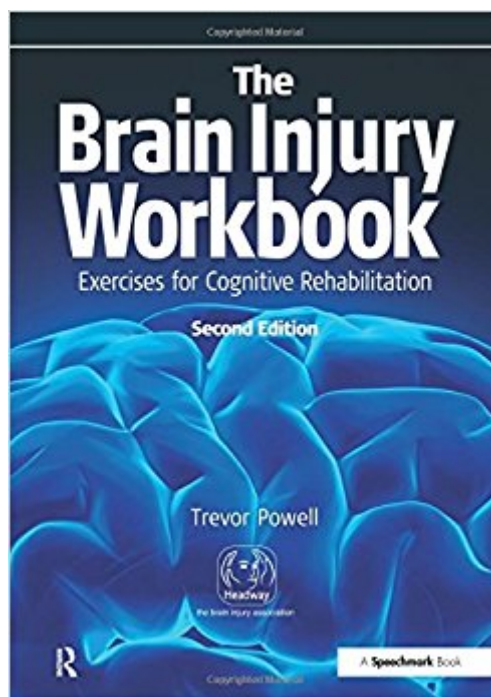




The book was found

# The Brain Injury Workbook: Exercises For Cognitive Rehabilitation (Speechmark Practical Therapy Manual)



## Synopsis

Evolved from working with head injured groups at Headway and those attempting to return to work, this is a rich, comprehensive and photocopiable workbook for professionals, carers and clients. It contains over 140 cognitive rehabilitation exercises - tailored for memory, thinking skills, executive functions, awareness and insight, and emotional adjustment. It provides more than 40 information sheets on key problem areas, with questions for the reader, designed to educate and stimulate thinking and discussion. Suitable for both individuals and groups, it includes questionnaires for clients to complete with or without help and quizzes to evaluate and encourage information retention. Primarily for professionals where exercises or handout sheets can be photocopied and used therapeutically, The Brain Injury Workbook can also be used by carers or family members to provide stimulating activities for a head-injured person. In addition, the head-injured person themselves can work through the book on their own.

## Book Information

Series: Speechmark Practical Therapy Manual

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## Customer Reviews

"Excellent for moderate to high level clients, and in particular very good for those trying to return to work or responsibilities. Applicable to moderate/high level strokes as well as traumatic head injury." Pat Brindley, Speech Language Therapist "The information sheets referring to specific impairments are very helpful...final sections on insight and adjustment provide useful ideas" Clare Bailey Senior SLT, Community Neurological Rehabilitation Team, City and Hackney Teaching PCT, Bulletin "A

comprehensive, clearly written and valuable book" Mary Henretty, SLP, South Glasgow University Hospitals Trust, NHS Speech & Language Therapy in Practice

Dr Trevor Powell is a consultant clinical psychologist who has worked in the field of brain injury rehabilitation and adult mental health for the past 20 years. Other titles by Dr Powell include The Mental Health Handbook and Head Injury: A Practical Guide.

I am a speech therapist, and I love this workbook! Great exercises for cognitive patients, whether due to brain injury or not! Really like that it comes with a disc, so much easier than copying from the book. Great value, I've paid more for workbooks that I wasn't near as happy with.

Excellent resource for patients with traumatic brain injuries. This book contains high level cognitive tasks including short term memory tasks. Well worth it.

Terrific workbook. Plenty of information explaining how the brain is damaged by trauma and the impact this trauma has on cognitive functioning, cognitive ability, personality and mood. This manual contains easy to follow, practical and progressive exercisings that target key cognitive functions such as working memory and higher order thinking and processing skills. A very useful resource for people working with brain injury patients as well as family wanting to support those with brain injury. Terrific for those who have damage as a result of stroke. Well worth the money.

This is an easy to use effective grouping of worksheets. This is the best set of therapy materials that I have found. I have high hopes for positive changes.

Very informational and full of good exercises for a person with a brain injury. This is one of the best that I have seen after much review. I purchased it for a family member that has suffered a stroke.

Great for my son who had an AVM rupture

The exercises are average--you've probably already read about them if you've studied TBI at all.

Would like to see less memory exercises and more analytical. Still, an excellent tool for retraining the brain.

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The Brain Injury Workbook: Exercises for Cognitive Rehabilitation (Speechmark Practical Therapy Manual) Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain Exercise, Train Your Brain) Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Cognitive Behavioral Therapy (CBT): A Complete Guide To Cognitive Behavioral Therapy - A Practical Guide To CBT For Overcoming Anxiety, Depression, Addictions ... Phobias, Alcoholism, Eating disorder) The Mild Traumatic Brain Injury Workbook: Your Program for Regaining Cognitive Function and Overcoming Emotional Pain (New Harbinger Self-Help Workbook) Brain Training Exercises to Boost Brain Power: for Improved Memory, Focus and Cognitive Function Cognitive Behavioral Therapy: Techniques for Retraining Your Brain, Break Through Depression, Phobias, Anxiety, Intrusive Thoughts (Training Guide, Self-Help, Exercises) Winning Personal Injury Cases: A Personal Injury Lawyer's Guide to Compensation in Personal Injury Litigation Treating Psychosis: A Clinician's Guide to Integrating Acceptance and Commitment Therapy, Compassion-Focused Therapy, and Mindfulness Approaches within the Cognitive Behavioral Therapy Tradition Retrain Your Brain: Cognitive Behavioral Therapy in 7 Weeks: A Workbook for Managing Depression and Anxiety The Dialectical Behavior Therapy Skills Workbook: Practical DBT Exercises for Learning Mindfulness, Interpersonal Effectiveness, Emotion Regulation & ... Tolerance (New Harbinger Self-Help Workbook) Exercises for the Brain and Memory : 70 Top Neurobic Exercises & FUN Puzzles to Increase Mental Fitness & Boost Your Brain Juice Today: (Special 2 In 1 Exclusive Edition) Exercises for the Brain and Memory : 70 Neurobic Exercises & FUN Puzzles to Increase Mental Fitness & Boost Your Brain Juice Today (With Crossword Puzzles) 6 STEPS TO UNDERSTANDING AND COPING WITH MILD TRAUMATIC BRAIN INJURY: Strategies to Dealing with Cognitive Function Loss, Self Esteem, Relationships and Fatigue Stroke and Brain Injury Unraveled: Prevention, Causes, Symptoms, Diagnosis, Treatment, Recovery and Rehabilitation of One of the Most Debilitating Maladies You Hope You Never Have in Your Lifetime Orthopaedic Manual Therapy Diagnosis: Spine And Temporomandibular Joints (Contemporary Issues in Physical Therapy and Rehabilitation Medicine) Electrical Injury: A Multidisciplinary Approach to Therapy, Prevention, and Rehabilitation (Annals of the New York Academy of Sciences) Equine Injury, Therapy and Rehabilitation, Third Edition Trigger Point Therapy for Repetitive Strain Injury: Your Self-Treatment Workbook for Elbow, Lower Arm, Wrist, & Hand Pain (New Harbinger Self-Help Workbook) Cognitive Rehabilitation

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